

Book Bonus - Makeup & Skin

SKIN

Skin types and the best products to use for each

Oily Skin:

If you have oily skin, first cleanse thoroughly. You want to remove excess oil, but – don't strip your skin bare. It's a delicate balance. After cleansing, bring in the hydration. Yes, even oily skin needs hydration. Opt for a serum or moisturizer that's a friend to oily skin, something that says, "I got you, but I won't make you greasy." Lightweight, non-comedogenic options are your best bet, keeping your skin quenched but not overwhelmed.

Dry Skin:

If your skin is dry, then hydration is your best friend. The key is to infuse moisture at every step. Start with a gentle, hydrating cleanser that doesn't strip your skin of its natural oils. Then, layer on the moisture – think hydrating toners, lush serums rich in hyaluronic acid, and deep moisturizers. Ingredients like glycerin and ceramides are your friend. They'll lock in moisture and leave your skin plump and smooth, creating the ideal base for foundation to glide on seamlessly.

Mature Skin:

For mature skin, nourishment and rejuvenation are paramount. Mature skin often craves extra moisture and ingredients that support elasticity and minimize the appearance of fine lines. Opt for a creamy, soothing cleanser, followed by a toner that respects your skin's natural pH balance. Invest in serums and moisturizers that boast age-defying ingredients like retinol, peptides, and antioxidants. These warriors fight against time, promoting skin that's resilient and radiant. Don't forget a rich eye cream, as the eyes often tell the story of our years.

Skin with Rosacea:

This skin type is like a delicate flower; it needs gentle care. Start with a mild, non-irritating cleanser – nothing too harsh or abrasive. Follow up with a soothing toner that calms redness and irritation. Look for products with ingredients like aloe vera, niacinamide, and green tea extract. Keep away from anything with alcohol, fragrances, or other potential irritants. The goal is to reduce redness and calm the skin, making it a serene base for makeup.

Sun-Damaged Skin:

Sun damage can leave your skin dry, pigmented, and textured. A brightening cleanser can help to gently lift away dullness. Follow this with a toner or serum containing vitamin C that will brighten the skin. Ingredients like alpha hydroxy acids (AHAs) can help to gently exfoliate and reveal fresher, more even-toned skin. Don't forget to hydrate and protect. A moisturizer with SPF is a must!

Sensitive Skin:

When dealing with sensitive skin, less is more! This skin type requires a gentle touch and products that are free from irritants. Start with a very gentle cleanser, preferably one that is fragrance-free and formulated for sensitive skin. It should cleanse without causing any redness or irritation. After cleansing, use a soothing, alcohol-free toner. Ingredients like chamomile, calendula, and allantoin are great for calming and soothing the skin. For moisturizing, select a hypoallergenic and non-comedogenic moisturizer. It should be rich enough to hydrate but light enough not to clog pores or cause reactions. Look for products with minimal ingredients - the fewer the ingredients, the less chance of irritation.

The goal for sensitive skin is to maintain its natural balance, minimize irritation, and create a smooth, calm base for makeup.

Remember, the right prep routine can make all the difference. It's not just about slapping on makeup; it's about creating a harmonious relationship between your skin and the products you use. Healthy, happy skin equals makeup that looks and feels fantastic.

PRO TIP: Exfoliate 1-2 times per week to keep your skin smooth, allowing makeup to apply more evenly and last longer.

Cherish your skin, care for it with wisdom, and let your beauty shine from the inside out—both in your reflection and in how you honor the temple God has given you!

FOUNDATION

Foundation: Choosing the Right Formula for Your Skin Type

The right foundation can enhance your natural beauty, but its success starts with understanding your skin type and selecting the best formula to complement it. Just as a strong spiritual foundation in Christ provides stability and confidence, the right foundation in makeup ensures a flawless, long-lasting finish. Here's how to choose wisely based on your skin's unique needs:

Oily Skin:

Opt for an oil-free, matte, or powder foundation that controls shine without clogging pores. Look for formulas labeled non-comedogenic and long-wearing to keep excess oil at bay throughout the day. A lightweight, oil-absorbing setting powder can help lock it in place.

Dry Skin:

Hydration is key! A moisturizing, dewy, or luminous foundation infused with hyaluronic acid, glycerin, or ceramides will keep your skin looking fresh and radiant. Avoid heavy mattifying formulas, as they can accentuate dry patches.

Mature Skin:

Choose a hydrating, lightweight, and radiant foundation that enhances your skin's natural glow without settling into fine lines. Serum-based foundations with peptides, antioxidants, and light-reflecting properties work best to create a smooth, youthful finish.

Skin with Rosacea:

A gentle, fragrance-free, and redness-correcting foundation is ideal. Look for formulas with calming ingredients like niacinamide, green tea extract, or aloe vera. A

medium-to-full coverage foundation with a neutral or yellow undertone can help neutralize redness without irritation.

Sun-Damaged Skin:

Opt for a foundation with SPF and brightening ingredients like vitamin C to even out skin tone and combat hyperpigmentation. A lightweight, buildable formula works best to provide coverage without feeling heavy on the skin.

Sensitive Skin:

Stick to hypoallergenic, fragrance-free, and non-comedogenic foundations with minimal ingredients to avoid irritation. Mineral foundations can be a great option as they are gentle and soothing while offering natural coverage.

Application Tips for a Flawless Finish

- Start with skin prep suited to your skin type (hydrating for dry skin, mattifying for oily, soothing for sensitive).
- Use a damp sponge or a brush for an even blend—pressing the foundation into the skin rather than dragging it ensures a seamless look.
- Less is more—build coverage gradually to avoid a heavy or cakey finish.
- Set accordingly—use a hydrating mist for dry/mature skin and a setting powder for oily skin to keep everything in place.
- A well-matched foundation not only enhances your complexion but also serves as the base for everything that follows—just like building your life on God’s truth sets the stage for everything else.

EYE SHADOW

Eyeshadow: Enhancing Your Eye Shape

Just as a well-placed eyeshadow enhances and defines the eyes, understanding your eye shape allows you to apply makeup in a way that brings out their natural beauty. The right technique can balance proportions, create depth, and highlight your best features.

Here's how to tailor your eyeshadow application to complement your eye shape:

Almond Eyes

- Almond eyes are naturally balanced, with a slightly lifted outer corner. Almost any eyeshadow technique works well for this shape, but to enhance their elegance:
- Apply a medium shade in the crease to define the natural contour.
- Use a darker shade on the outer corner to add depth and dimension.
- Brighten the center of the lid and inner corner with a shimmer or light shade to make the eyes pop.

Hooded Eyes

- Hooded eyes have a prominent brow bone that can partially cover the lid, making the eyes appear smaller. To create the illusion of a more open eye:
- Apply a matte medium-to-dark shade slightly above the natural crease to lift and define the eye.
- Keep the lid shade light and bright to draw attention to the visible part of the eye.
- Avoid heavy shimmer on the crease, as it can accentuate the hooded area.
- A thin, slightly winged eyeliner can help elongate the eyes.

Monolid Eyes

- Monolid eyes have a flatter surface with little to no visible crease. The goal is to add definition and dimension:
- Apply a medium-to-dark shade on the outer half of the lid, blending slightly upwards to create a lifted effect.
- A gradient transition from dark to light across the lid enhances depth.
- Tightlining the upper lash line (lining the inside of the upper waterline) adds subtle definition.

Deep-Set Eyes

- Deep-set eyes sit further back in the eye socket, creating a naturally defined look. To bring balance:
- Keep lid shades bright or shimmery to bring the eyes forward.
- Apply medium tones in the crease but avoid over-darkening, as it can make the eyes appear more sunken.
- Focus on highlighting the brow bone and inner corner to brighten and open up the eyes.

Round Eyes

- Round eyes have a more circular shape and often appear larger. To elongate them:
- Apply darker shades on the outer corners in a soft, blended wing shape to create a lifted effect.
- Use a lighter shade on the center of the lid to maintain brightness.
- A soft, smoky liner on the upper and lower lash lines can help subtly reshape the eyes.

Upturned Eyes

- Upturned eyes have a natural lift at the outer corners, creating a flattering cat-eye effect. To enhance this shape:
- Focus on blending deeper shades on the outer corner and crease to define the natural lift.
- A soft winged liner complements this shape beautifully.
- Avoid bringing dark shadows too far down on the lower lash line to maintain the lifted look.

Downturned Eyes

- Downturned eyes have outer corners that slightly dip downward. To create balance and lift:
- Apply darker shades on the outer upper corner, blending upwards to create a lifted illusion.
- Keep the lower lash line soft and minimal to avoid emphasizing the downward tilt.
- A subtle winged liner that angles slightly upward can counteract the downturn.

Final Tips for All Eye Shapes

- Blend well! Harsh lines can make the eyes appear unbalanced.
- Use a transition shade to create a seamless gradient from lid to crease.
- Shimmers highlight, mattes define—use them strategically to enhance depth.
- Lashes complete the look—a curled lash or false lashes can enhance any eye shape.
- **PRO TIP:** After dampening your beauty sponge with water, spray it with setting spray before applying foundation for a seamless, airbrushed finish that mimics natural skin and locks in long-lasting wear.

Eyeshadow, when applied with an understanding of your unique shape, brings out the best in your features—just as seeing life through a godly perspective helps you navigate with clarity and wisdom!

LINER

Eyeliner: Defining and Enhancing Your Eye Shape

- Eyeliner is like a finishing touch that brings definition, depth, and shape to the eyes. Just as staying in alignment with God's will brings clarity and direction to life, properly placed eyeliner enhances your natural eye shape, making your eyes look more balanced, lifted, or elongated. Here's how to apply eyeliner in a way that complements your unique eye shape:

Almond Eyes

- Almond eyes are naturally balanced and slightly upturned, making them versatile for almost any eyeliner style. To enhance their shape:
- A thin-to-thicker line along the lash line accentuates their natural contour.
- A classic winged liner enhances the lifted outer corners beautifully.
- For a softer look, smudging liner along the upper lash line creates subtle definition.

Hooded Eyes

- Since hooded eyes have less visible lid space, the key is to keep the liner visible when the eyes are open:
- A thin, tight-lined application close to the lash line ensures the lid isn't overwhelmed.
- A lifted, straight-wing technique (rather than following the natural curve downward) helps open up the eyes.
- Avoid thick liner on the lid, as it can make the eyes appear smaller.

Monolid Eyes

- Monolids benefit from definition and a bit of lift:
- A thicker, elongated liner look enhances the eye's shape.

- A smoky or soft-diffused liner can add depth without overwhelming the lid.
- A thin wing that extends slightly outward and upward gives a lifted effect.

Deep-Set Eyes

- Since deep-set eyes already have a lot of natural depth, the goal is to enhance without making them appear sunken:
- A thin, precise liner on the upper lash line helps define the eyes without adding heaviness.
- Avoid overly dark or thick liner, which can make the eyes look deeper set.
- A soft brown or dark gray liner smudged along the upper lash line can create depth without harshness.

Round Eyes

- For round eyes, the goal is to elongate and subtly reshape the eye:
- A winged liner that extends outward (rather than upward) helps lengthen the eyes.
- A thin-to-thick application adds subtle dimension.
- Lining the outer third of the lower lash line creates balance without making the eyes look smaller.

Upturned Eyes

- Upturned eyes naturally have a lifted look, so eyeliner can either enhance or balance this shape:
- A classic winged liner complements the natural lift beautifully.
- For a more balanced look, applying a soft, smudged liner to the lower lash line can create symmetry.
- Avoid making the outer wing too sharp or high, as the natural shape already lifts upward.

Downturned Eyes

- For downturned eyes, the goal is to create a lifted effect:
- A subtle wing that flicks upward can counteract the downward slant.
- Keeping the outer portion of the liner slightly higher helps lift the eyes.
- Avoid thick liner on the lower lash line, as it can make the eyes appear more downturned.

Final Eyeliner Tips for All Eye Shapes

- Tightlining (lining the upper waterline) enhances the lash line and makes lashes appear fuller.
- Smudging liner for a softer look works well for a more natural definition.
- Gel and liquid liners provide precision, while pencils offer a softer, more blended effect.
- A waterproof formula is best for long-lasting wear, especially for hooded or oily lids.

PRO TIP: For a perfect winged liner, use a small angled brush with gel liner and clean up mistakes with concealer for a sharp finish.

A well-placed eyeliner enhances the natural beauty of your eyes—just like walking in alignment with God’s will sharpens your focus, brings clarity, and directs your path with purpose!

CONTOUR & HIGHLIGHT

Contour: Sculpting with shadow

- Contour creates depth by mimicking natural shadows, enhancing bone structure, and defining the face. Choosing the right placement based on your face shape ensures a natural and polished result.
- **Round Face:** To add definition, apply contour along the sides of the forehead, under the cheekbones, and along the jawline in a soft, blended motion to create a more sculpted effect.
- **Oval Face:** Light contouring along the cheekbones and jawline enhances the face’s natural symmetry without over-defining.
- **Square Face:** Softening sharp angles is key—apply contour along the jawline and temples to create a more balanced, softer look.
- **Heart-Shaped Face:** Contour the sides of the forehead and under the cheekbones, keeping the jawline light to maintain natural proportions.

- **Long Face:** To create the illusion of more width, contour along the hairline and under the chin, avoiding excessive contouring on the cheeks.
- **Application Tip:** Use a cool-toned matte product (cream or powder) and blend seamlessly to create a natural shadow effect.

Highlight: Illuminating with Light

Highlighting brings forward the high points of the face, creating a lifted and radiant appearance—just as God’s truth brings light to our lives, illuminating our path and revealing our true identity.

Where to Highlight:

- High points of the cheekbones for a lifted look.
- Bridge of the nose for a subtle glow (avoid if you prefer a matte look).
- Center of the forehead and chin to bring balance.
- Brow bone and inner corner of the eyes to brighten the face.
- Cupid’s bow to enhance the lips.

Choosing the Right Formula:

Liquid or cream highlights create a dewy, natural glow—best for dry or mature skin. Powder highlights give a soft-focus effect—ideal for oily or combination skin.

Final Tips for a Natural, Balanced Look

- Blend, blend, blend! Harsh lines can look unnatural—seamless blending ensures a sculpted yet natural finish.
- Less is more—build up product gradually rather than applying too much at once.
- Pair contour with highlight—contour defines, and highlight enhances for a harmonious effect.
- Choose the right shades—avoid overly dark contours and overly shimmery highlights for the most flattering look.
- **PRO TIP:** Blend contour upward for a natural lift and apply highlighter with a light hand to avoid an overly shimmery look.

Just as God's wisdom and discernment bring clarity and direction to our lives, contour and highlight bring balance and definition, shaping the face with precision and enhancing its natural beauty!

CONCEALER

Choosing the Right Concealer

- **Oily Skin:** Opt for a matte, long-wearing, oil-free concealer that won't slide or crease. A lightweight yet full-coverage formula helps control shine while keeping the under-eye area fresh.
- **Dry Skin:** A hydrating, creamy concealer with hyaluronic acid or glycerin works best to prevent flaking or settling into fine lines. Avoid heavy, drying formulas.
- **Mature Skin:** Look for a lightweight, radiant concealer with peptides and moisturizing ingredients to brighten without emphasizing texture or fine lines.
- **Skin with Rosacea:** A gentle, fragrance-free concealer with soothing ingredients like niacinamide can help neutralize redness without irritation. Green-toned color correctors can be used underneath for extra balance.
- **Sun-Damaged Skin:** A brightening concealer with vitamin C can help even out hyperpigmentation while providing coverage.
- **Sensitive Skin:** A hypoallergenic, fragrance-free concealer with minimal ingredients is ideal to avoid irritation.

Application Techniques for a Seamless Look

- **For Under-Eye Brightening:** Apply concealer in a triangle shape under the eyes, blending outward for a lifted effect. A shade one to two shades lighter than your skin tone works best.
- **For Spot Concealing:** Use a concealer that matches your foundation exactly and apply it directly to blemishes or discoloration. Gently tap with a brush or finger to blend without wiping away coverage.
- **For Sculpting & Highlighting:** Apply concealer on the high points of the face—center of the forehead, bridge of the nose, chin, and under the cheekbones—to add dimension and lift.
- **For Color Correction:**
 - **Dark circles?** Use a peach or salmon-toned corrector before applying concealer.
 - **Redness?** A green-toned corrector neutralizes it before foundation.
 - **Dull skin?** A yellow or lavender corrector brightens sallow areas.

Setting for Longevity :

How to prevent creasing and ensure long-lasting wear

- **Oily skin:** Set with a finely milled matte setting powder to lock in place.
- **Dry/mature skin:** Use a hydrating setting mist or a light dusting of powder to keep skin fresh without emphasizing dryness.
- **PRO TIP:** Let concealer sit for 30 seconds before blending for better coverage and longevity, especially under the eyes.

Just as God's grace covers our weaknesses and gives us strength, concealer brightens and smooths, allowing us to step forward with confidence. When applied with care, it enhances our natural beauty—just as embracing God's grace allows us to shine with His love!

BROWS

Choosing the Right Brow Shape for Your Face

Round Face: A high, arched brow creates the illusion of length and structure, adding balance to softer facial features.

Oval Face: A softly angled brow enhances natural symmetry without overpowering.

Square Face: A slightly curved or softly arched brow helps soften strong jawlines.

Heart-Shaped Face: A rounded or softly arched brow complements the natural contours of the face.

Long Face: A flatter, more straight-across brow helps shorten the appearance of the face.

Filling and Defining Your Brows

Sparse Brows: Use a fine brow pencil or powder to mimic natural hair strokes and create a fuller look.

Unruly Brows: A tinted brow gel or wax helps keep them in place while adding natural definition.

Over-Tweezed Brows: A soft, feathery technique with a pencil or pomade creates a more natural appearance.

Light Brows: A brow tint or powder in a shade slightly darker than your natural color helps frame the face.

Final Brow Tips for a Strong, Polished Look

Follow your natural brow shape for the most flattering results.

Use light, feathery strokes when filling to keep brows looking natural, not harsh.

A clear or tinted brow gel helps set and define the shape.

Highlight under the brow bone with a subtle, light concealer or highlighter to enhance the arch.

PRO TIP: Use a spoolie to brush brows up before filling them in—this helps create a more natural, lifted effect.

Just as strong, structured brows frame the face and complete your look, spiritual authority frames your life and secures your stance against anything that comes your way. When you shape and define your brows with purpose, you create a powerful and polished look—just as when you walk in the authority Christ has given you, you step forward with confidence, knowing you are called, equipped, and victorious!

SETTING POWDER

Choosing the Right Setting Powder for Your Skin Type

- **Oily Skin:** A matte, oil-absorbing powder helps control shine and keeps makeup fresh all day. Look for formulas with oil-control properties like silica or rice powder.
- **Dry Skin:** A hydrating, finely milled powder with hyaluronic acid or light-reflecting particles prevents dryness while setting makeup with a soft finish. Avoid heavy mattifying powders that can emphasize texture.
- **Mature Skin:** A lightweight, silky powder that blurs fine lines without settling into wrinkles works best. Avoid excessive application, as too much powder can make the skin look dry.
- **Sensitive Skin:** A fragrance-free, non-comedogenic powder with minimal ingredients prevents irritation. Mineral-based powders can be a great option.
- **Skin with Rosacea or Sun Damage:** A light-diffusing setting powder with a soft-focus effect can help minimize the appearance of redness and uneven tone.

How to Apply Setting Powder for Long-Lasting Wear

- **For a Natural Finish:** Lightly dust powder with a fluffy brush, focusing on areas that tend to get oily or where makeup needs extra staying power.
- **For a Matte, Oil-Controlled Look:** Press the powder into the skin with a powder puff or sponge, focusing on the T-zone and areas prone to shine.
- **For Under-Eye Setting:** Use a small brush to lightly set concealer, preventing creasing while keeping the under-eye area smooth.
- **For a Blurred, Airbrushed Effect:** Use a finely milled translucent powder and apply with a velour puff, pressing it into the skin for a flawless, filtered finish.
- **PRO TIP:** Use a powder puff to press setting powder into the skin for extra longevity—this helps absorb oil and keeps makeup locked in all day.

Setting powder isn't just an extra step—it ensures everything stays in place, much like the Belt of Truth in the Armor of God keeps us grounded in what is right. Without setting powder, foundation may slip or fade; without truth, our faith can become shaky. When applied correctly, setting powder locks in the work you've done, just as standing firm in God's truth secures your faith and keeps you steady no matter what comes your way.

BLUSH

Choosing the Right Blush for Your Skin Type

- **Oily Skin:** Opt for a powder blush with oil-absorbing properties to keep your complexion fresh throughout the day.
- **Dry Skin:** A cream or liquid blush blends seamlessly and adds a dewy glow without emphasizing dry patches.
- **Mature Skin:** A lightweight, satin-finish blush adds a natural flush without settling into fine lines.
- **Sensitive Skin:** A fragrance-free, mineral-based blush minimizes irritation while providing a soft, natural flush.

Blush Placement for Different Face Shapes

- **Round Face:** Apply blush slightly higher on the cheekbones and blend upward to create a lifted effect.
- **Oval Face:** Apply to the apples of the cheeks, blending outward for a balanced, natural look.
- **Square Face:** A soft, rounded blush application helps soften angular features.
- **Heart-Shaped Face:** Focus on the outer cheeks, blending softly toward the temples to create balance.
- **Long Face:** Apply blush more horizontally across the cheeks to subtly shorten the appearance of the face.

Final Tips for a Radiant Flush

- Blend well—harsh lines can make blush look unnatural. A soft wash of color should mimic a natural, healthy glow.
- Layer gradually—start with a light application and build up for the desired intensity.
- Pair with highlighter strategically—applying a soft highlighter above the blush enhances radiance.
- **PRO TIP:** Apply blush higher on the cheeks rather than directly on the apples to create a lifted, youthful effect.

Let your praise be like blush—something that brightens, uplifts, and reflects the joy of the Lord, bringing a glow that comes not just from makeup, but from the radiance of His presence!

LIPS

Choosing the Right Lip Products for Your Needs

- **Dry Lips:** A hydrating lip balm, gloss, or creamy lipstick infused with nourishing ingredients like shea butter and hyaluronic acid keeps lips smooth and comfortable.
- **Thin Lips:** A lip liner and a gloss or satin-finish lipstick create the illusion of fullness. Avoid overly dark shades, which can make lips appear smaller.
- **Full Lips:** Bold colors look stunning, but a well-defined lip liner ensures a polished look. Matte and satin finishes work well to enhance shape.
- **Mature Lips:** A moisturizing lipstick with a soft, satin finish prevents settling into fine lines while maintaining hydration.

Defining & Enhancing the Lips

- **Lip Liner:** Outlines and shapes the lips, creating definition and preventing feathering. Choose a shade that matches your natural lip tone or lipstick for a seamless blend.
- **Lipstick:** Adds color and character to the lips—whether soft and subtle or bold and dramatic.
- **Lip Gloss:** Provides shine and dimension, making lips appear fuller and more youthful.
- **PRO TIP:** Exfoliate lips with a sugar scrub before applying lipstick for a smoother, longer-lasting finish.

Every time you apply your lip products, remember that your words hold the power to uplift, inspire, and bring life. Let your lips not only reflect beauty but also declare truth, encouragement, and the goodness of God!

HIGHLIGHT

Choosing the Right Highlighter for Your Skin Type

- **Oily Skin:** A powder highlighter provides a soft glow without adding excess shine.
- **Dry Skin:** A liquid or cream highlighter melts seamlessly into the skin for a naturally dewy finish.
- **Mature Skin:** A subtle, finely milled highlighter avoids emphasizing fine lines while still adding radiance.
- **Sensitive Skin:** A fragrance-free, lightweight highlighter with minimal shimmer ensures a gentle glow without irritation.

Where to Apply Highlighter for Maximum Radiance

- **Cheekbones:** Enhances the structure of the face and creates a lifted effect.
- **Bridge of the Nose:** Adds a subtle highlight but can be skipped if you prefer a matte finish.
- **Cupid's Bow:** Gives the illusion of fuller lips.
- **Brow Bone:** Lifts and defines the eyes.
- **Inner Corners of the Eyes:** Brightens and makes the eyes appear more awake.

- **PRO TIP:** For a natural, radiant glow, apply highlighter with a damp beauty sponge or your fingertips, pressing it into the skin rather than swiping. This technique melts the product seamlessly into the skin, preventing harsh lines and creating a lit-from-within glow.

As you apply your highlighter, remember that you are called to radiate God’s love—not just with a glow on your skin, but with the way you live, speak, and love those around you. Shine with confidence, knowing that your light points others to Him!

SETTING SPRAY

Choosing the Right Setting Spray for Your Skin Type

- **Oily Skin:** A mattifying setting spray controls shine and keeps makeup from breaking down.
- **Dry Skin:** A hydrating setting spray with ingredients like glycerin or aloe adds moisture and prevents makeup from looking cakey.
- **Mature Skin:** A light, dewy-finish setting spray refreshes and enhances radiance without settling into fine lines.
- **Sensitive Skin:** A fragrance-free, alcohol-free setting spray minimizes irritation while still providing long-lasting hold.

How to Apply Setting Spray for Long-Lasting Results

- Hold the bottle about 6-8 inches away from your face.
- Spray in an “X” and “T” motion to evenly distribute the mist.
- Let it dry naturally—avoid touching your face to keep everything locked in.
- For extra longevity, lightly press setting spray into the skin with a damp beauty sponge to help it blend seamlessly.
- **PRO TIP:** Spray setting spray over each layer of makeup application (after foundation, after powder, and at the final step) to ensure each layer is locked in, extending wear time and making makeup virtually immovable.

As you mist your setting spray over your finished makeup, remember that you are sealed and empowered by the Holy Spirit—held securely in God’s love, equipped to walk in His purpose, and strengthened to stand firm in faith. What He has set in place, nothing can undo!

Final thoughts....

From the first step of skincare to the final mist of setting spray, the process of applying makeup is a journey of intentionality, precision, and confidence. The core message remains: the right prep, the right product for your skin type, and the right technique for your unique features are the keys to a flawless, long-lasting look.

Just as a masterpiece requires a solid base, careful layering, and a final setting spray, your makeup routine should be seen as a thoughtful process that honors your individual beauty. We've covered how to nourish and prepare every skin type, how to select foundations, concealers, and powders that suit your needs, and how to sculpt your face and define your features with strategic application of eyeshadow, liner, contour, and blush.

Ultimately, makeup is a tool to enhance the beauty that is already there—a way to express creativity and step out with confidence. Yet, the most beautiful glow always emanates from within. As you embrace these techniques and find the products that work for you, remember that the true foundation of your confidence is found not in a cosmetic, but in the unwavering love and truth of God.

Walk with wisdom, radiate with joy, and let your outward beauty simply be a reflection of the vibrant, blessed life you have been given!

A prayer for you beautiful girl! So speak this over yourself...

Heavenly Father,

As I apply my makeup, I pray that my outward appearance would only ever be a reflection of the beauty you have placed within me. May I walk with the confidence that comes from knowing I am fearfully and wonderfully made by You.

Let my true light shine, and may every interaction I have today reflect Your grace, Your truth, and Your unconditional love. Strengthen my inner spirit and allow me to see the world, and myself, through Your eyes.

In Jesus name
Amen.

Xo,
Lusine

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